# WESTMINSTER VOLUNTEERING AND WORK EXPERIENCE FAIR 2018 STUDENT GUIDE

# **CONTENTS**

| ABOUT THE WESTMINSTER VOLUNTEERIN AND WORK EXPERIENCE FAIR 2018 | 3  |
|---|----|
| WHY ATTEND THE FAIR   | 3  |
| HOW TO MAKE THE MOST OF THE FAIR                                | 3  |
| SOCIAL RESPONSIBILITY AND WESTMINSTER                           | 4  |
| ABOUT VOLUNTEERING  | 4  |
| GRADUATE ATTRIBUTES VS VOLUNTEERING OR WORK EXPERIENCE?         | 5  |
| FINDING YOUR WAY AROUND THE FAIR                                | 6  |
| SUBJECT-SPECIFIC OPPORTUNITIES                                  | 7  |
| NON-SUBJECT SPECIFIC OPPORTUNITIES                              | 8  |
| OPPORTUNITIES ON OFFER  | 9  |
| FLOOR PLAN BY STALL NUMBER AND ROOM                             | 19 |
| FLOOR MAP – C1.15   | 20 |
| FLOOR MAP – PAVILION  | 21 |

# **WESTMINSTER VOLUNTEERING AND WORK EXPERIENCE FAIR 2018/19**

"Be the change you want to see in this world", Mahatma Gandhi

#### ABOUT THE WESTMINSTER VOLUNTEERIN AND WORK EXPERIENCE FAIR 2018

The fair will host over 40 different community and voluntary organisations offering a range of volunteering and work experience opportunities for all students. To reduce queues and the amount of waiting time, this year, we have doubled the size of the venue and the number of exhibitors attending. We have systematically selected our partners on the basis of the skills and experience that their opportunities offer and those expected of our target students. That plus non-specialist opportunities that appeal to most students and can be transferred across subject areas.

There is no commitment needed at this stage. Whatever happens, your time at the fair will not go to waste? At the very minimum, you will have made some contacts, met some new people and had fun while doing it too.

#### WHY ATTEND THE FAIR

Studying at University can be about much, much more than simply getting a good degree. The potential is there for you to discover and learn a great deal more about yourself, the people around you and the world at large. All you need to do is be willing to explore what else might be outside your door step. This fair offers you the opportunity to find out what you can do and how you can do it. Every minute spent on finding out more about the opportunities on offer are an investment into your wellbeing, your university experience and your future – so do not waste them and be sure to not miss them!!

# HOW TO MAKE THE MOST OF THE FAIR

#### **BEFORE THE EVENT**

Consider your areas of interest as well as the type of volunteer work which might benefit your future career.

- 1. Read through the list of charities on the following pages and choose a few that you would like to approach at the Fair.
- 2. Calculate how much time you have to spare in a week. Some charities ask for a minimum number of hours of commitment a week and some will also expect you to commit to a minimum time period, perhaps three months or even 18 months. Check how much time you will be expected to commit before you consider working for an organisation.
- 3. Research your chosen charities' websites to find out more about what they do, what their aims and objectives are and prepare some questions for the representatives on the day.
- 4. Prepare a short introduction about yourself and why you are interested in working for the charity.
- 5. Bring along a notebook and a pen. Make a note of the name of the people you speak to or take their business cards, if available.
- 6. If you demonstrate that you have done some research and you are passionate about the organisation, your enthusiasm will help you secure a volunteering position.

#### AFTER THE EVENT

Don't forget to follow-up by contacting the representatives you spoke to on the day.

#### SOCIAL RESPONSIBILITY AND WESTMINSTER

The University of Westminster has a long-held tradition of pioneering education for all, of inspiration and invention, and of community engagement at every level. As an innovative, socially responsible institution we place volunteering at the heart of our community engagement activity, enabling our students to make a change for good.

#### **ABOUT VOLUNTEERING**

Volunteering is amongst the most popular extra-curricular activities at the University. It is an activity that involves spending time (unpaid except for out-of-pocket expenses such as travel and lunch,) doing something that aims to benefit the environment, a community or an individual. Activities can be long-term, short-term or one-off; the can be based locally, internationally, and even online. They can range from administration in an office to supporting teachers in a classroom, to youth work in fields such as art, conservation, domestic violence, health care, politics, sports and many others.

## WILL IT TAKE UP TOO MUCH OF MY TIME?

We appreciate the need for flexibility when it comes to volunteering. Time is the number one reason preventing students from volunteering. This is why we have one-off projects and opportunities that you can do without leaving the comfort of your own bedroom – e.g. e-mentoring or desk research. These might be especially useful if you have a busy schedule or if you are new to volunteering.

#### AM I ELIGIBLE TO VOLUNTEER?

We cater to all students. It doesn't matter if you are a home student, international student, young or mature, undergraduate or postgraduate, simply come in for a chat and our staff will work with you to identify an opportunity that suits your needs.

#### WHAT IF I AM ON A SCHOLARSHIP?

If you are a scholarship student and you have to complete a few hours of volunteering as part of your agreement with the University, we have a number of one-off, campus-based volunteering opportunities that you will be able to do when you are available throughout the course of the year.

#### WHAT IF I HAVE A DISABILITY?

Not all volunteering opportunities may be suitable, however we will work with you and your Disability Advisor to find one that fits your needs and desired contribution.

#### WHERE DO I START?

The best place to start would be to register on our online vacancies and events system – Engage. The Engage system (engage.westminster.ac.uk) has a wide range of opportunities for students and you will find information on voluntary opportunities as well as paid internships, full-time, part-time and vacation jobs. Set up your own searches and alerts to personalise your job hunt.

#### WHAT IF I NEED TO SPEAK TO SOMEONE?

You can drop in for a quick chat on Tuesday mornings 10–11.30am or Wednesday afternoons from 2–2.30pm. Simply book a slot through Engage. We are based on the first floor of 101 New Cavendish Street, London W1W 6XH. Alternatively, you can email us at volunteering@westminster.ac.uk or call us on 020 3506 6112 to book an appointment.

#### GRADUATE ATTRIBUTES VS VOLUNTEERING OR WORK EXPERIENCE?

At the University of Westminster, we want our students to have a distinctive learning experience. To help create this experience, our curriculum is shaped around five key 'Graduate Attributes' – areas of personal and professional development in which Westminster graduates will excel. These attributes will support our students to become highly employable, globally engaged and socially responsible.

The five Graduate Attributes, along with a short description of some of their key elements, are listed below. Every volunteering or work experience opportunity can help you gain many, if not all, of these attributes.

To help you choose the right opportunity, we have matched each offer (by the exhibitors attending the Fair) to the relevant list of graduate attributes that they are most well-placed to enhance and develop.

#### GLOBAL IN OUTLOOK AND COMMUNITY ENGAGED:

- cross-cultural experience
- community engaged
- valuing diversity

## **SOCIALLY, ETHICALLY AND ENVIRONMENTALLY AWARE:**

- environmental sustainability
- awareness
- economic sustainability awareness
- contributing to sustainable societies

#### LITERATE AND EFFECTIVE COMMUNICATORS:

- communication
- numeracy
- information literacy
- digital literacy

#### **ENTREPRENEURIAL**

- teamwork, collaboration and leadership
- self-awareness, self-evaluation, self-management
- networking and management of digital identities
- active problem solver

# **CRITICAL AND CREATIVE THINKERS:**

creative and critical thinking in professional and life-long learning

We have compiled a series of volunteering/work experience case studies where students have clearly articulated how their experiences have enhanced and developed their graduate attributes. See here: <a href="https://engage.westminster.ac.uk/docs/317/8093">https://engage.westminster.ac.uk/docs/317/8093</a> Volunteering-Stories 09.16 FINAL web.pdf

# FINDING YOUR WAY AROUND THE FAIR

To accurately pinpoint the organisation that you are most interested in, follow the steps below:

- Find your subject from the list below and select your top 5 organisations
- Go to the page of where your chosen organisation is to learn about their offer and the conditions of their offer (page 7-18)
- Find the stall number of your chosen organisation on page 19
- Use Floor map on page 21 or 22 to find out which room
- Re-read the section on how to make the most of the fair in page 3
- Be on time and have fun!!

# **SUBJECT-SPECIFIC OPPORTUNITIES**

| Subject Area               | Charities offering related opportunities             | Page Number |
|----------------------------|--|-------------|
| Biomedical and Biosciences | Alzheimer's Society                                  | 3           |
| Biomedical and Biosciences | Health watch Hounslow                                | 5           |
| Biomedical and Biosciences | Pursuing Independent Paths                           | 7           |
| Biomedical and Biosciences | Resources for Autism                                 | 8           |
| Biomedical and Biosciences | St Joseph's Hospice                                  | 9           |
| Biomedical and Biosciences | The National Autistic Society                        | 10          |
| Complementary Medicine     | Alzheimer's Society                                  | 3           |
| Complementary Medicine     | Health watch Central West London                     | 5           |
| Complementary Medicine     | Poplar HARCA   | 6           |
| Complementary Medicine     | Pursuing Independent Paths                           | 7           |
| Complementary Medicine     | St Joseph's Hospice                                  | 9           |
| Complementary Medicine     | The National Autistic Society                        | 10          |
| Criminology                | Housing for Women                                    | 5           |
| Criminology                | Victim Support                                       | 11          |
| International Relations    | Indoamerican Refugee and Migrant Organisation (IRMO) | 5           |
| International Relations    | Leonard Cheshire                                     | 6           |
| International Relations    | Pursuing Independent Paths                           | 7           |
| International Relations    | WaterAid   | 11          |
| IT                         | Royal National Institute of Blind People             | 8           |
| Languages                  | Raspberry Pi Foundation                              | 8           |
| Law                        | Advising Communities                                 | 3           |
| Law                        | Afghan Association Paiwand                           | 3           |
| Law                        | Chinese Information and Advice Centre                | 4           |
| Law                        | Indoamerican Refugee and Migrant Organisation (IRMO) | 5           |
| Law                        | Leonard Cheshire                                     | 6           |
| Law                        | Prisoners' Advice Service                            | 6           |
| Law                        | ReachOut   | 8           |
| Nutrition                  | Age UK Kensington & Chelsea                          | 3           |
| Nutrition                  | Health watch Central West London                     | 5           |
| Nutrition                  | Health watch Hounslow                                | 5           |
| Nutrition                  | Pursuing Independent Paths                           | 7           |
| Nutrition                  | St Joseph's Hospice                                  | 9           |
| Nutrition                  | The Camden Society                                   | 10          |
| Politics                   | Health watch Central West London                     | 5           |
| Politics                   | WaterAid   | 11          |
| Psychology                 | Age UK Kensington & Chelsea                          | 3           |
| Psychology                 | Alzheimer's Society                                  | 3           |
| Psychology                 | Attend   | 4           |
| Psychology                 | Health watch Central West London                     | 5           |
| Psychology                 | Housing for Women                                    | 5           |
| Psychology                 | KEEN London  | 6           |
| Psychology                 | Leonard Cheshire                                     | 6           |
|                            |  | 7           |
| Psychology                 | Pursuing Independent Paths ReachOut                  | 8           |
| Psychology                 | Resources for Autism                                 |             |
| Psychology                 |  | 8           |
| Psychology                 | Rethink Mental Illness                               | 8           |
| Psychology                 | Royal National Institute of Blind People             | 8           |
| Psychology                 | St Joseph's Hospice                                  | 9           |
| Psychology                 | The Hackney Pirates                                  | 10          |
| Psychology                 | The National Autistic Society                        | 10          |

| Psychology  | Unlocking Potential                                  | 11 |
|-------------|--|----|
| Sociology   | Advising Communities                                 | 3  |
| Sociology   | Afghan Association Paiwand                           | 3  |
| Sociology   | Age UK Kensington & Chelsea                          | 3  |
| Sociology   | Attend   | 4  |
| Sociology   | Health watch Central West London                     | 5  |
| Sociology   | Health watch Hounslow                                | 5  |
| Sociology   | Housing for Women                                    | 5  |
| Sociology   | Indoamerican Refugee and Migrant Organisation (IRMO) | 5  |
| Sociology   | KEEN London  | 6  |
| Sociology   | Leonard Cheshire                                     | 6  |
| Sociology   | Pursuing Independent Paths                           | 7  |
| Sociology   | ReachOut   | 8  |
| Sociology   | Resources for Autism                                 | 8  |
| Sociology   | Royal National Institute of Blind People             | 8  |
| Sociology   | Southwark Cathedral                                  | 9  |
| Sociology   | St Joseph's Hospice                                  | 9  |
| Sociology   | The Camden Society                                   | 10 |
| Sociology   | The Hackney Pirates                                  | 10 |
| Sociology   | Unlocking Potential                                  | 11 |
| Translation | Chinese Information and Advice Centre                | 4  |

# **NON-SUBJECT SPECIFIC OPPORTUNITIES**

| Age UK Camden                 | 3  |
|-------------------------------|----|
| Black Cultural Archives       | 4  |
| Bow Arts Trust                | 4  |
| Leighton House Museum         | 6  |
| London's Air Ambulance        | 6  |
| Paddington Development Trust  | 7  |
| Pembridge Hospice             | 7  |
| Revitalise                    | 9  |
| Save the Children             | 9  |
| Southwark Cathedral           | 9  |
| The Mix                       | 10 |
| The National Autistic Society | 10 |
| The Wiener Library            | 11 |

#### **OPPORTUNITIES ON OFFER**

#### 1. ADVISING COMMUNITIES

#### Role context

Helping this legal advice, support and education charity with:

- administration
- English tutoring
- client assistance and translation

#### **Conditions of role**

- 2-10 hours a week
- temporary
- languages
- Spanish & Portuguese for some roles
- 3 months commitment
- training and ongoing support are provided
- travel expenses are reimbursed

#### 2. AGE UK CAMDEN

#### **Role context**

- Helping older people to stay active, stay connected and get the most out of life.
   Volunteering includes
- befriending & mentoring
- information & signposting
- wellbeing assistants
- connecting people to activities and interests in their community

#### **Conditions of role**

- 1-8 hours a week
- Monday- Friday (some rolesweekends)
- temporary
- 3 months commitment
- training and ongoing support are provided
- DBS check required
- travel expenses are reimbursed
- lunch expenses included

#### 3. AGE UK KENSINGTON & CHELSEA

## **Role context**

- Supporting elderly in the borough of Kensington & Chelsea by providing services to support independence and to give older people a voice.
- helping on shopping trips
- escorting someone to a hospital appointment
- DIY tasks
- group activities: lunches, bingo, language classes, concerts

#### **Conditions of role**

- a few hours a week
- 6 months 1 year commitment
- work experience
- maybe part of the student degree
- excellent training and support are provided
- travel and lunch expenses are reimbursed

#### 4. ALZHEIMER'S SOCIETY

# **Role context**

Improving the lives of people affected by dementia now and in the future by helping the number one UK dementia charity with campaigning, research, raising awareness and providing support & advice.

- min 2 hours a week
- various locations
- 6 months commitment
- DBS is required

- befriending- community supporter
- fundraising
- research
- helpline operator
- events helper

- no specific qualifications or experience are needed
- training and ongoing support are provided
- travel and lunch expenses are reimbursed

#### 5. ATTEND

#### **Role context**

Attend supports individuals who have suffered from an acquired brain injury.

- supporting clients with return to work
- engaging with the community or social activities
- providing educational/training opportunities

#### **Conditions of role**

- 2-3 hours a week
- work experience
- maybe part of the student degree
- training and support are provided
- travel and lunch expenses are reimbursed

#### 6. BLACK CULTURAL ARCHIVES

#### Role context

Supporting this charity dedicated to collecting, preserving and celebrating the histories of people of African and Caribbean.

- archivist
- learning team
- visitor services
- marketing

#### **Conditions of role**

- a few hours a week
- fixed term
- work experience
- maybe part of the student degree
- training and ongoing support are provided
- travel expenses are reimbursed

# 7. BOW ARTS TRUST

## **Role context**

Supporting the charity's diverse range of local, national and international exhibitions and events. Providing essential support for young people under 25 by volunteering in a number of different roles

- online community
- helpline
- signposting young people

## **Conditions of role**

- a few hours a week
- commitment of 6 months to one year
- Tuesday to Sunday shifts
- work experience
- maybe part of the student degree
- training and ongoing support are provided
- travel and food expenses are reimbursed

# 8. CHINESE INFORMATION AND ADVICE CENTRE

#### **Role context**

Supporting disadvantaged Chinese people with:

- translation
- graphic design
- technical IT

- a few hours a week
- temporary
- maybe a part of student degree
- work experience

- legal, financial and business expertise
- training and ongoing support are provided
- travel expenses are reimbursed
- Speaking Mandarin or Cantonese is an advantage but not necessity

#### 9. HEALTHWATCH CENTRAL WEST LONDON

#### Role context

Working either with people using public health care or publicly funded health and social care services (care homes etc.) on improving the quality of services across the country.

- community listeners
- dignity champions

# **Conditions of role**

- a few hours a week
- fixed term
- work experience
- various locations available
- maybe part of the student degree
- excellent training and support are provided
- travel and lunch expenses are reimbursed

#### 10 HEALTHWATCH HOUNSLOW

#### **Role context**

Improving the quality of health care in the Borough of Hounslow by:

- collecting views and experiences from local people,
- preparing quarterly reports,
- preparing reports on local services,
- working with service providers and commissioners,
- signposting people to information on health and social care,
- monitoring and scrutinise local services,
- representing local people's interests

## **Conditions of role**

- a few hours a week
- fixed term
- work experience opportunity
- may be a part of the student degree
- training and ongoing support are provided
- travel expenses are reimbursed

#### 11 HOUSING FOR WOMEN

#### **Role context**

Offering social housing and gender sensitive support services to female ex-offenders and women who have experienced domestic abuse and human trafficking

- telephone befriender
- refugee supporter
- research volunteer
- special project mentor

- 20 hours a week
- 8 weeks commitments during the Summer
- excellent training and support are provided
- travel and lunch expenses are reimbursed

# 12. INDOAMERICAN REFUGEE AND MIGRANT ORGANISATION (IRMO)

#### Role context

Addressing the needs of Latin Americans and providing them support with:

- education- ESOL teacher, homework club
- · administration and advice
- creative activities for children

#### **Conditions of role**

- a few hours a week
- fixed term
- in majority of the roles Spanish required
- 3 months commitment
- training and ongoing support are provided
- travel expenses are reimbursed

#### 13. KEEN LONDON

#### Role context

Helping children and young people with additional needs access fun sports and games sessions on weekends during term-time.

- develop/design workshops
- deliver projects
- support everyone affected by mental illness

#### **Conditions of role**

- 2-5 hours a week (weekends)
- 3 months commitment
- DBS check is required
- training and support are provided
- travel and lunch expenses are reimbursed

# 14. LEIGHTON HOUSE MUSEUM

#### **Role context**

Teaching primary school children about the museum and engaging with families

- gardening
- undertaking family activities
- delivering children workshops

# **Conditions of role**

- a few hours a week
- DBS check required
- very flexible positions- work whenever you can
- no experience required
- training and ongoing support are provided
- travel and food expenses are reimbursed

## 15. LEONARD CHESHIRE

#### **Role context**

Supporting young individuals and adults with various disabilities as they develop their chosen careers and acquire confidence from volunteers

- Vauxhall office volunteering
- befriending
- mentoring
- gardening

- a few hours a week
- fixed term
- work experience
- various locations available
- maybe part of the student degree
- excellent training and support are provided
- travel and lunch expenses are reimbursed

#### 16. LONDON'S AIR AMBULANCE

#### **Role context**

A variety of opportunities available deepening on skills and availability.

- one-off bucket collections
- events
- administration
- charity shop
- speaker

PADDINGTON DEVELOPMENT TRUST

#### **Role context**

**17.** 

Supporting the community arts centre in number of areas with their events, activities and cultural programme.

- front of house and stewards
- research
- tours
- learning
- conservation

# 18. NORTH WEST LONDON COLLABORATION OF CLINICAL COMMISSIONING GROUPS

Experience of working in an NHS setting with vulnerable adults who have life limiting illness. Opportunity to support the local community and give something back. Better understanding of Hospice care and palliative care.

#### 19. PEMBRIDGE HOSPICE

#### **Role context**

- Working with vulnerable adults who have life limiting illness
- supporting the local communitybefriending, mentoring
- gardening
- leading social media platforms

#### **Conditions of role**

- a few hours a week
- temporary
- no experiences needed
- training and ongoing support are provided
- very flexible roles
- travel and lunch expenses are reimbursed

#### **Conditions of role**

- a few hours a week
- 3 months commitment
- further training and support are provided
- travel and lunch expenses are reimbursed

- a few hours a week
- temporary
- work experience- NHS setting
- maybe a part of the student degree
- training and ongoing support are provided
- travel expenses are reimbursed
- lunch expenses included

#### 20. PURSUING INDEPENDENT PATHS

#### **Role context**

Engaging into one-off volunteering or long term placements aiming to support adults with various learning disabilities to achieve their full potential

- classroom support- relevant to study area
- workshop leader- relevant to study area
- sport sessions helper- swimming, cricket, football
- fundraiser

#### **Conditions of role**

- a few hours a week
- fixed term
- work experience
- training and ongoing support are provided
- travel and lunch expenses are reimbursed

#### 21. RASPBERRY PI FOUNDATION

#### Role context

Making coding and digital making accessible to the most disadvantaged communities by:

- translating the resources into a wide range of languages
- giving people the skills and knowledge to understand digital world
- helping them solve upcoming problems

#### **Conditions of role**

- a few hours a week
- term time only
- all languages
- bilingual students very welcome
- training and ongoing support are provided
- travel expenses are reimbursed

# 22. REACHOUT

#### **Role context**

Working with young people from disadvantaged communities to grow their confidence, raise their aspirations and help them meet their education potential.

- befriending
- mentoring

#### **Conditions of role**

- 2 hours a week
- 20 weekly sessions
- Training sessions and support are provided
- DBS check is required
- travel and lunch expenses are reimbursed

# 23. RESOURCES FOR AUTISM

# **Role context**

Supporting a family with a child, young person or adult with autism, developing strategies to manage

- behaviour
- communication
- social interaction

- a few hours a week
- fixed term
- work experience
- maybe part of the student degree
- excellent training, support are provided
- coaching and supervision is included
- travel and lunch expenses are reimbursed

#### 24. RETHINK MENTAL ILLNESS

#### **Role context**

Co-delivering youth mental health training to teachers in local schools and to professionals using personal experience.

- develop/design workshops
- deliver projects
- support everyone affected by mental illness

#### Conditions of role

- a few hours a week
- work experience
- between 16-25 years old
- DBS check is required
- maybe part of the student degree
- excellent training and support are provided
- travel and lunch expenses are reimbursed

# 25. ROYAL NATIONAL INSTITUTE OF BLIND PEOPLE

#### **Role context**

Contributing to the practical and emotional support that the charity offers to blind and partially sighted people.

- roaming tech volunteer
- fundraising
- connect community

#### **Conditions of role**

- a few hours a week
- fixed term
- work experience
- maybe part of the student degree
- further training and support are provided
- travel and lunch expenses are reimbursed

# 26. REVITALISE

# **Role context**

Becoming a social volunteer and helping the charity in providing respite holidays for disabled people and carers

- chatting with guests at meal times
- making teas or coffees
- enjoying the evening entertainment with guests
- accompanying them on daily excursions
- assisting with mobility, eating and drinking

# **Conditions of role**

- a few hours a week
- fixed term
- work experience
- maybe part of the student degree
- no previous experience needed
- training and ongoing support are provided
- travel and lunch expenses are reimbursed

# 27. SAVE THE CHILDREN

#### **Role context**

Contributing to the charity's aim of changing children's lives worldwide by volunteering from the UK. The roles include

- Retail
- Campaigning
- Events

- a few hours a week
- temporary
- 3-6 months commitment
- Over 18 years old
- training and ongoing support are provided

- Office positions
- Speaker

 travel and lunch expenses are reimbursed

#### 28. SOUTHWARK CATHEDRAL

#### **Role context**

You can choose to be a welcome, admin assistant or a shop assistant and help the church to further the mission and ministry of the Cathedral.

- first point of contact for visitors
- taking minutes of meetings and working with databases
- serve customers and replenish stock

#### **Conditions of role**

- a few hours a week
- flexible around you and your studies
- training and ongoing support are provided
- travel expenses are reimbursed
- 10% discount in our shop and restaurant.

#### 29. ST JOSEPH'S HOSPICE

#### **Role context**

Supporting people with life-limiting conditions such as the death of a family member, relative or another important person in their life

- telephone befriender
- active listening
- companionship
- emotional support
- goal setting
- community building
- social action

#### **Conditions of role**

- 5-6 hours per month
- 6 months commitment
- Induction training
- further training and support are provided
- travel and lunch expenses are reimbursed

# 30. THE CAMDEN SOCIETY

#### **Role context**

Supporting activities aiming to help the health, wellbeing, social aspects and education of adults with learning disabilities,

- learning corner, a supper club, cookery groups
- evening activities: zumba, karaoke, bowling
- walking groups
- classroom based mentors

# **Conditions of role**

- a few hours a week
- mostly weekends
- trial sessions
- 6 months commitment
- training and ongoing support are provided
- travel expenses are reimbursed

### 31. THE MIX

# **Role context**

- Providing essential support for young people under 25 by volunteering with a charity in a number of different roles from light touch to regular shifts.
- Online community

- a few hours a week
- commitment of 6 months to one year
- possibility of working from home
- flexible around you and your schedule

- Helpline
- Providing support and signposting to young people
- training and ongoing support are provided
- travel expenses are reimbursed

#### 32. THE HACKNEY PIRATES

#### Role context

Providing one-to-one attention to children, aged 9-12, supporting them to develop their literacy, confidence and perseverance.

- after school sessions develop/design workshops
- reading classes
- creative writing projects

#### **Conditions of role**

- 12 sessions per year (3 h)
- term time
- DBS check and Taster Session is required
- no previous experience needed
- training and support are provided
- travel and lunch expenses are reimbursed

#### 33. THE NATIONAL AUTISTIC SOCIETY

#### **Role context**

Running a variety of skills sessions for autistic adults and going out in the community

- baking, art, tai chi
- park trips, travel training and swimming

#### **Conditions of role**

- a few hours a week
- fixed term
- work experience
- maybe part of the student degree
- autism specific training and ongoing support are provided
- travel expenses are reimbursed

#### 34. THE WIENER LIBRARY

#### **Role context**

A range of creative opportunities available at this charity

- social media assistant
- blogger
- event assistant
- photographer
- translator

#### **Conditions of role**

- a few hours a week
- flexible around you and your studies
- training and ongoing support are provided
- travel and food expenses are reimbursed

## 35. UNLOCKING POTENTIAL

## **Role context**

Running a variety of creative, fun activities for disadvantaged children (4-11) in London primary schools

- art and crafts
- reading help & in-class support with academic work
- sports sessions

- a few hours a week
- term time only
- a minimum of 9 months
- Enhanced DBS check
- Training and ongoing support are provided
- Travel expenses are reimbursed

## **36 WATERAID**

# **Role context**

Fighting for clean water clean water, decent toilets and good hygiene for everyone, everywhere by

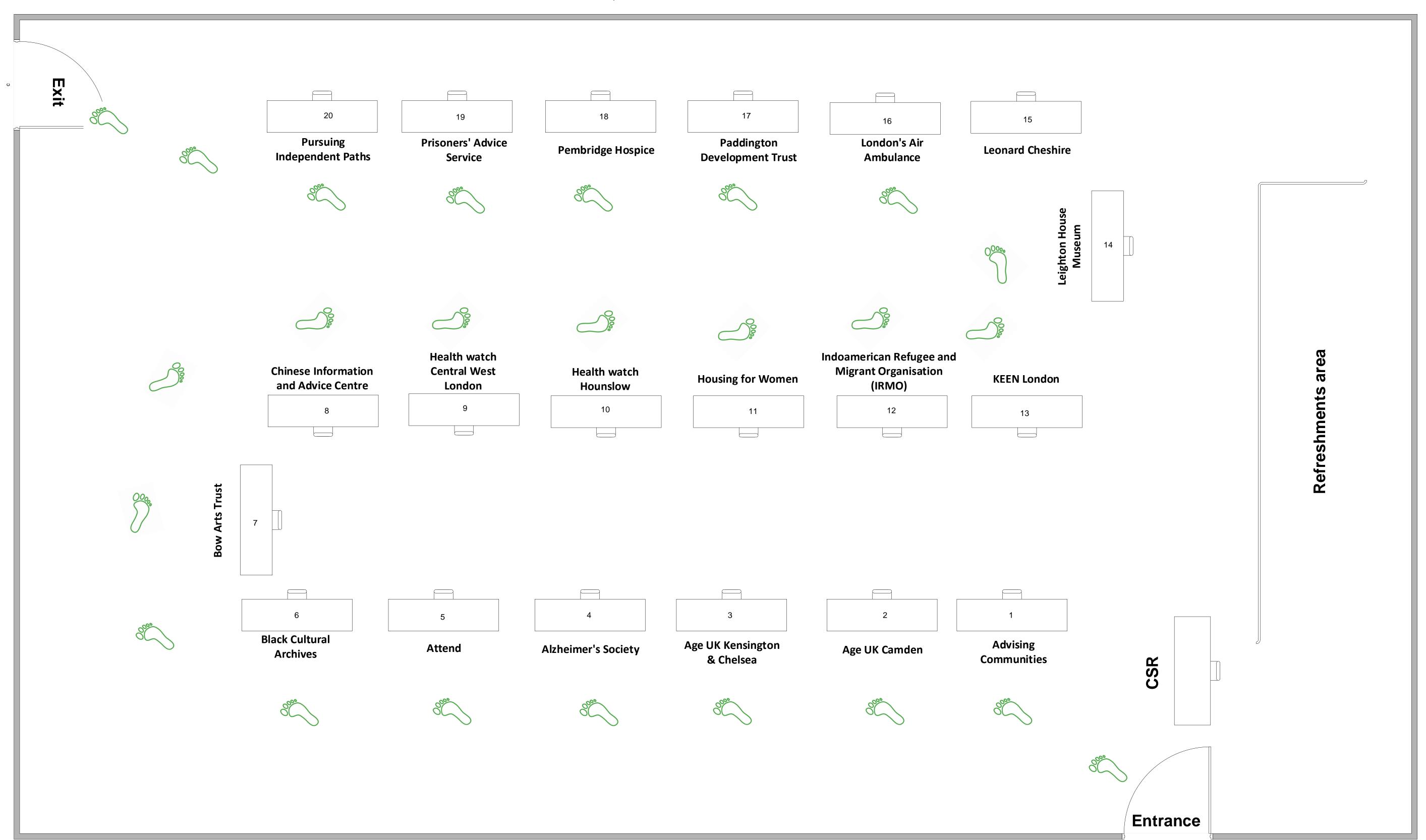
- engaging into local events
- building relationships with local organisations, community groups and schools
- give inspiring talks
- research prospective partners
- represent the charity at university

- a few hours a week
- flexible around you and your schedule
- no experience is required
- training and ongoing support are provided
- travel and food expenses are reimbursed

# FLOOR PLAN BY STALL NUMBER AND ROOM

| Organisation   | Stall Number | Room     |
|--|--------------|----------|
| Advising Communities                                 | 1            | C1.15    |
| Age UK Camden  | 2            | C1.15    |
| Age UK Kensington & Chelsea                          | 3            | C1.15    |
| Alzheimer's Society                                  | 4            | C1.15    |
| Attend   | 5            | C1.15    |
| Black Cultural Archives                              | 6            | C1.15    |
| Bow Arts Trust                                       | 7            | C1.15    |
| Chinese Information and Advice Centre                | 8            | C1.15    |
| Health watch Central West London                     | 9            | C1.15    |
| Health watch Hounslow                                | 10           | C1.15    |
| Housing for Women                                    | 11           | C1.15    |
| Indoamerican Refugee and Migrant Organisation (IRMO) | 12           | C1.15    |
| KEEN London  | 13           | C1.15    |
| Leighton House Museum                                | 14           | C1.15    |
| Leonard Cheshire                                     | 15           | C1.15    |
| London's Air Ambulance                               | 16           | C1.15    |
| Paddington Development Trust                         | 17           | C1.15    |
| Pembridge Hospice                                    | 18           | C1.15    |
| Prisoners' Advice Service                            | 19           | C1.15    |
| Pursuing Independent Paths                           | 20           | C1.15    |
| Raspberry Pi Foundation                              | 21           | Pavilion |
| ReachOut   | 22           | Pavilion |
| Resources for Autism                                 | 23           | Pavilion |
| Rethink Mental Illness                               | 24           | Pavilion |
| Revitalise   | 25           | Pavilion |
| Royal National Institute of Blind People             | 26           | Pavilion |
| Save the Children                                    | 27           | Pavilion |
| Southwark Cathedral                                  | 28           | Pavilion |
| St Joseph's Hospice                                  | 29           | Pavilion |
| The Camden Society                                   | 30           | Pavilion |
| The Hackney Pirates                                  | 31           | Pavilion |
| The Mix  | 32           | Pavilion |
| The National Autistic Society                        | 33           | Pavilion |
| The Wiener Library                                   | 34           | Pavilion |
| Unlocking Potential                                  | 35           | Pavilion |
| WaterAid   | 36           | Pavilion |

# WESTMINSTER VOLUNTEERING AND WORK EXPERIENCE FAIR 03/10/2018, 1:30 – 3:30 PM C1.15



# Westminster Volunteering and Work Experience Fair 03/10/2018, 13:30 – 3:30 Pavilion, Cavendish Campus: Floor Plan

